

Stay healthy on your feet!

Introducing our new Foot Care Clinic

Good foot care is essential for overall health, especially for older adults. Easterseals-Goodwill's new FOOT CARE CLINIC provides professional, nursing-led foot care to keep your feet comfortable and healthy.

Who can benefit?

This service is especially beneficial for people with health conditions or mobility limitations that require extra foot care precautions. Our Foot Care Clinic will be helpful if you or a loved one struggles with:

- Mobility issues, arthritis or joint pain
- Vision or dexterity challenges
- Chronic conditions such as MS or Parkinson's
- Thick, overgrown or hard-to-trim nails
- Diabetes or vascular disease requiring special foot care

What do foot care services include?

- Professional foot assessment
- Soaking and moisturizing
- Toenail trimming and filing
- Personalized foot care by trained nursing staff

Why choose nursing foot care over a pedicure?

Unlike a regular pedicure, our service is provided by qualified nursing staff experienced in foot health. We focus on safety, hygiene, and personalized care tailored to medical needs.

What to expect at your first visit

- A brief health history and foot assessment
- A personal foot care kit (basin, file, orange stick) to bring to future visits
- 30 minutes of dedicated foot care

First-time visitors should bring any relevant medical history or podiatrist recommendations, if available.

Clinic Details

- Offered the 2nd & 4th Tuesday each month at Easterseals-Goodwill, 425 1st Ave. N. in Great Falls
- Appointments must be scheduled in advance
- Appointments are 30 minutes long
- Cost is \$42 per visit

To learn more or schedule an appointment:

Call 406-590-9148
or email footcare@esgw.org

